Mark Keppel High School Student Bulletin, Wednesday, March 1, 2023 Bell Schedule – Block Schedule

<u>Athletics-</u>

Athletic Events: Week of Feb. 27th-March 4th, 2023 Show school spirit and pride; attend sporting events.

"To build a strong team, you must see someone else's strength as a complement to your weakness and not a threat to your position or authority." – Christine Caine

- Medical Clearance Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- MKHS Athletic Webpage: mkhs.org (Students tab, Athletics tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010
- Congratulations to...
 - Badminton Varsity win over Cerritos.
 - Boys' JV & Varsity Volleyball wins over La Salle.
 - Girls' Varsity Basketball win over Taft, advanced to Round 2 of CIF State Regionals.
 - Boys' & Girls' Swim/Dive wins over Bell Gardens.
- See Our School website for all scheduled games. Come out & cheer on our teams.

Wednesday, March 1st - Block Schedule Periods 2, 4, 6

- Varsity Baseball @ San Gabriel 3:15PM Early Dismissal 1:30PM Bus Leaves 2PM
- Badminton JV & Varsity @ Mira Costa Games Begin 3:30PM Early Dismissal 1PM Bus Leaves 1:30PM

Thursday, March 2nd - Regular Schedule All Periods

- Boys' Varsity Tennis @ Rosemead Games Begin 3:30PM Early Dismissal 1:40PM Bus Leaves 2:10PM
- Boys' JV Tennis vs Rosemead Tennis Courts 3:30PM Early Dismissal 2:30PM
- Girls' Basketball (All Levels) & Cheer CIF State SS Regionals 7PM Location TBD

Friday, March 3rd - Regular Schedule All Periods

- Boys' & Girls' Swim/Dive All Levels vs @ South Pasadena Meet Starts 3:30PM Early Dismissal 2PM Bus Leaves 2:15PM
- Varsity Baseball vs Montebello 3:15PM Varsity Baseball Field Early Dismissal 2PM
- JV & Varsity Softball vs South Pasadena JV & Varsity Softball Field 3:30PM Early Dismissal 1:50PM
- Varsity Boys' Volleyball vs Gabrielino Aztec Gym/Old Gym 3:30PM Early Dismissal 2:30PM
- JV Boys' Volleyball vs Gabrielino Aztec Gym/Old Gym 5PM No Early Dismissal
- Cheer Aztec Arena 5PM Almont League Invitational No Early Dismissal

Saturday, March 4th

- Boys' & Girls' Track & Field All Levels @ California Invitational Meet Starts 8AM Bus Leaves 6:30AM
- Varsity Softball @ Santa Fe Tournament Games Begin 8AM

- Badminton JV @ Arcadia Tournament Games Begin 8AM Bus Leaves 7:30AM
- Girls' Basketball (All Levels) & Cheer CIF State SS Regionals 7PM Location TBD

Food & Nutrition Services

Come have breakfast every morning during the National Breakfast Week, 3/6 - 3/10, and you may be the winner of "Breakfast Party for you and Three of your Friends!" Please refer to the poster for the complete rules.

<u>Senior</u>

The Senior Agreement deadline was 2/14/23. If you did not turn in the agreement, you are now on the non-participation list for all Senior activities. This includes Prom, Graduation & Grad Nite. Contact the B & A office if you have any questions.

Practice SAT, ACT and AP Exams

MKHS PTSA will be hosting a virtual ACT, SAT and AP Practice Test from The Princeton Review. Please check the school website for additional information.

College & Career Center

Planning to go to ELAC after you graduate from MKHS? We will be going to ELAC Senior Welcome Day on March 7th. Pick up a permission slip from Mrs. Robles in the College & Career Center starting Monday, February 6th & return to her ASAP. There are limited seats. All students MUST apply to ELAC to attend this field trip. You will be required to write your ELAC ID number on the permission slip when you turn it in.

Upcoming Visits!

<u>3/8 - United States Military Academy West Point</u> @ 2:45 p.m.
<u>3/9 - Life Pacific University</u> @ 1:41 p.m.
<u>3/15 - UCLA</u> @ 2:45 p.m.
<u>3/21 - UC Riverside</u> @ 9:23 a.m.
<u>3/21 - Binghamton University</u> @ 11:21 a.m.

Sign up PRIOR to the day! https://tinyurl.com/mkccc-presentations

Counseling Office

If you are requesting an honors or AP class next school year, please remember to fill out the honors/AP contract. Your counselor will not be able to put in your request for the honors or AP class unless you submit the contract. If the course selection window is already closed for you, then you can find the contract in "Forms" under the navigation menu in your student portal.

Gateway

Gateway Counselors (Ms. Funes and Ms. Madrigal) will be hosting Wellness Workshops the semester 2023. Come and attend our **Monday Wellness Workshops during Lunch Time, in B115.** Flyers will be posted on the school website, campus, and in the counseling office. You MUST sign-up, there is a seating limit of 35. All you need to do is scan the QR code to sign up! If you have attended 4 workshops this semester, you will be receiving a Wellness Workshop certificate from the counseling office.

Cafeteria:

To help reduce food waste, we will have food recovery bins replaced by the end of the checkout line. Please place fruit/items you don't want to eat into the bins.

Student Bank:

Attention Seniors: If you purchase a senior pack, please stop by the student bank to pick up your hoodie.

FRESHMEN:

If you purchased a freshmen pack, please go to the student bank to receive your class t-shirt and pictures.

POWER TIME:

Students, remember to log in to PowerSchool to see your locations for this week's POWER Time.

Student Parking

When parking in the front lot, **students are to park on the left side facing Hellman only.** The right side closest to the school is reserved for visitors. When the student side is full, there is additional parking available in the lot by the baseball field.

Reminder to all students that food delivery or drop off on campus is not allowed. For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.